

A Companion Reading List

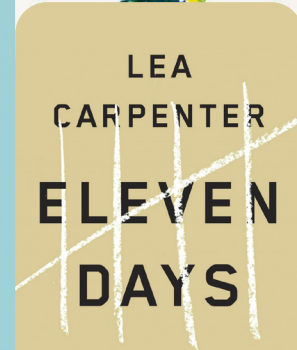
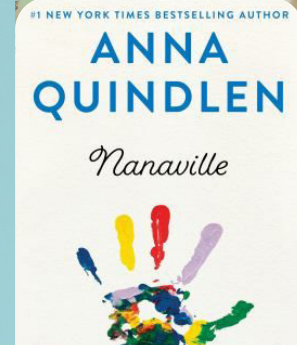
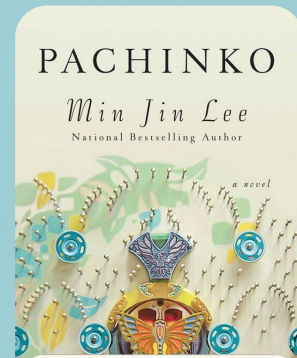
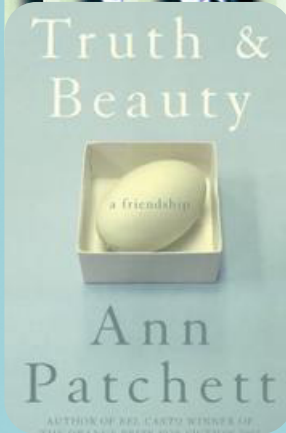
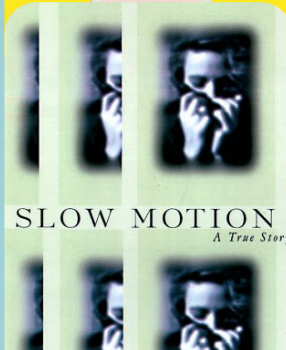
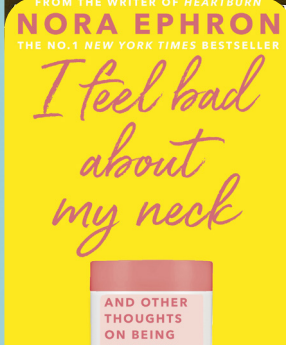
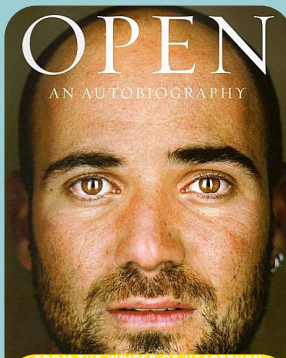
"Insightful, helpful, authentic, and unifying." –KRISTIN HANNAH,
#1 *New York Times* bestselling author of *The Four Winds*

Bookends

A Memoir of Love, Loss,
and Literature

Zibby Owens

Host of the
award-winning
podcast *Moms
Don't Have Time to
Read Books*



A deeply personal memoir about one woman's journey to finding her voice and rewriting her story by the creator and host of the award-winning podcast *Moms Don't Have Time to Read Books*™.

Little *a*

amazon publishing



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FICTION

The inclusion of an asterisk next to a title means there's an interview available with the author on Zibby's podcast, *Moms Don't Have Time to Read Books*™.

- Ephron, Nora:** Heartburn
- Esquivel, Laura:** Like Water for Chocolate: A Novel in Monthly Installments with Recipes, Romances, and Home Remedies
- Eugenides, Jeffrey:** The Virgin Suicides
- Fielding, Helen:** Bridget Jones's Diary
- Fossey, Brooke:** The Big Finish*
- Freudenberger, Nell:** Lucky Girls: Stories*
- Frey, James:** A Million Little Pieces*
- Frey, James:** Bright Shiny Morning*
- Frey, James:** Katerina*
- Friedland, Elyssa:** Last Summer at the Golden Hotel*
- Ganek, Danielle:** The Summer We Read Gatsby*
- Giffin, Emily:** Something Borrowed*
- Glass, Julia:** Three Junes
- Golden, Arthur:** Memoirs of a Geisha
- Guest, Judith:** Ordinary People
- Hannah, Kristin:** The Nightingale*
- Harrison, Nicola:** Montauk*
- Hemingway, Ernest:** A Farewell to Arms
- Hosseini, Khaled:** The Kite Runner
- Irving, John:** A Prayer for Owen Meany
- Johnson, Diane:** L'Affaire
- Kargman, Jill:** Momzillas*
- Kinsella, Sophie:** Confessions of a Shopaholic*
- Korelitz, Jean Hanff:** The Plot *
- Krantz, Judith:** Princess Daisy, Scruples
- Lahiri, Jhumpa:** The Namesake
- Lamb, Wally:** I Know This Much is True*
- Albom, Mitch:** The Five People You Meet in Heaven*
- Alcott, Louisa May:** Little Women
- Allen, Jayne:** Black Girls Must Die Exhausted: A Novel *
- Allende, Isabel:** Daughter of Fortune
- Barr, Lisa:** The Unbreakables *
- Bennett, Brit:** The Vanishing Half *
- Bohjalian, Chris:** Midwives*
- Brenner, Jamie:** Blush, Drawing Home *
- Brown, Dan:** The Da Vinci Code
- Bushnell, Candace:** Sex and the City*
- Camus, Albert:** L'etranger
- Carpenter, Lea:** Eleven Days*
- Cleave, Chris:** Little Bee
- Clinton, Hilary and Louise Penny:** State of Terror*
- Colwin, Laurie:** Family Happiness
- Conroy, Pat:** Beach Music
- Danler, Stephanie:** Sweetbitter*
- Diamant, Anita:** The Red Tent*
- Doerr, Anthony:** All the Light We Cannot See
- Donoghue, Emma:** Room

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- Larsson, Steig:** The Girl with the Dragon Tattoo
- Lee, Min Jin:** Pachinko *
- Martel, Yann:** Life of Pi
- Martin, Steve:** Shopgirl: A Novella
- Maum, Courtney:** Costalegre*
- McEwan, Ian:** Atonement, On Chesil Beach
- Mitchell, Margaret:** Gone With the Wind
- Moyes, Jojo:** Me Before You
- Newman, Leigh:** Nobody Gets Out Alive: Stories*
- Ng, Celeste:** Little Fires Everywhere*
- Norton, Ashley Prentice:** The Chocolate Money*
- Owens, Delia:** Where The Crawdads Sing*
- Peterson, Holly:** It's Hot in the Hamptons*
- Plath, Sylvia:** The Bell Jar
- Proust, Marcel:** Swann's Way
- Quindlen, Anna:** Black and Blue*
- Reid, Taylor Jenkins:** Malibu Rising*
- Salinger, J.D.:** Catcher in the Rye
- Sartre, Jean-Paul:** Huis Clos, suivi de Les Mouches
- Sebold, Alice:** The Lovely Bones
- Segal, Erich:** Love Story
- Smith, Zadie:** White Teeth
- Sorkin, Teresa and Tullan Holmqvist:** The Woman in the Park*
- Sparks, Nicholas:** The Notebook*
- Straub, Emma:** Modern Lovers*
- Strout, Elizabeth:** My Name is Lucy Barton
- Sweeney, Cynthia d'Aprix:** The Nest*
- Tan, Amy:** The Bonesetter's Daughter
- Tartt, Donna:** The Goldfinch
- Towles, Amor:** Rules of Civility*
- Tropper, Jonathan:** This is Where I Leave You
- Verghese, Abraham:** Cutting for Stone
- Waller, Robert James:** The Bridges of Madison Country
- Weiner, Jennifer:** Mrs. Everything*
- Weinstein, Rochelle:** This is Not How it Ends*
- Weisberger, Lauren:** The Devil Wears Prada, The Singles Game, Where the Grass is Green and the Girls are Pretty*
- Wells, Rebecca:** Divine Secrets of the Ya-Ya Sisterhood
- Winston, Lolly:** Good Grief
- Wouk, Herman:** Marjorie Morningstar

NONFICTION

- Adams-Gellar, Paige and Ashley Borden with Zibby Right:** Your Perfect Fit: What to Wear to Show Off Your Assets, What to Do to Tone Up Your Trouble Spots*
- Astrof, Liz:** Don't Wait Up: Confessions of a Stay-at-Work Mom*
- Auletta, Ken:** Greed and Glory on Wall Street: The Fall of the House of Lehman
- Bacal, Jessica:** The Rejection That Changed My Life: 25+ Powerful Women on Being Let Down, Turning It Around, and Burning It Up at Work*
- Barnouin, Kim:** Skinny Bitch: A No-Nonsense, Tough Love Guide for Savvy Girls Who Want to Stop Eating Crap and Start Looking Fabulous
- Bourdain, Anthony and Laurie Woolever:** World Travel: An Irreverent Guide*
- Bradley, James:** Flags of Our Fathers
- Brody, Lauren Smith:** The Fifth Trimester: The Working Mom's Guide to Style, Sanity, and Big Success After Baby*

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- ❑ **Brokaw, Tom:** The Greatest Generation
- ❑ **Brown, Daniel James:** The Boys in the Boat: Nine Americans and Their Epic Quest for Gold at the 1936 Berlin Olympics *
- ❑ **Chapman, Gary:** The Five Love Languages: How to Express Heartfelt Commitment to Your Mate
- ❑ **Chavarro, Jorge and Walter Willett:** The Fertility Diet: Groundbreaking Research Reveals Natural Ways to Boost Ovulation and Improve Your Chances of Getting Pregnant
- ❑ **Chupak, Cindy:** The Between Boyfriends Book: A Collection of Cautiously Hopeful Essays
- ❑ **Clinton, Chelsea:** She Persisted: 13 American Women Who Changed the World*
- ❑ **Costello, Lauren Braun:** Notes on Cooking: A Short Guide to an Essential Craft*
- ❑ **Cowley, Dan:** Understanding Brands
- ❑ **Diamant, Anita:** The New Jewish Wedding*
- ❑ **Duhigg, Charles:** The Power of Habit: Why We Do What We Do in Life and Business*
- ❑ **Ellis, Helen:** Southern Lady Code: Essays*
- ❑ **Ephron, Nora:** I Feel Bad About My Neck: And Other Thoughts on Being a Woman
- ❑ **Fein, Ellen and Sherrie Schneider:** All the Rules: Time-Tested Secrets for Capturing the Heart of Mr. Right
- ❑ **Gillibrand, Senator Kirsten:** Ten Heroes Who Won Women the Right to Vote*
- ❑ **Gladwell, Malcolm:** The Tipping Point: How Little Things Can Make a Big Difference*
- ❑ **Goldin, Kara:** Undaunted: Overcoming Doubts and Doubters*
- ❑ **Gottlieb, Lori:** Maybe You Should Talk To Someone: A Therapist, HER Therapist, and Our Lives Revealed*
- ❑ **Harris, Dan:** 10% Happier: How I Tamed the Voice in My Head, Reduced Stress Without Losing My Edge, and Found a Self-Help That Actually Works
- ❑ **Halpern, Justin:** Shit My Dad Says
- ❑ **Hershberg, Rebecca Schrag, Ph.D.:** The Tantrum Survival Guide: Tune into Your Toddler's Mind (and Your Own) to Calm the Craziest and Make Family Fun Again*
- ❑ **Hesser, Amanda:** Cooking for Mr. Latte: A Food Lover's Courtship, with Recipes
- ❑ **Jackson, Laura Lynne:** Signs: The Secret Language of the Universe*
- ❑ **Krakauer, Jon:** Into Thin Air: A Personal Account of the Mt. Everest Disaster
- ❑ **Krementz, Jill:** A Very Young Dancer
- ❑ **Kubler-Ross, Elisabeth:** On Grief and Grieving: Finding the Meaning of Grief Through the Five Stages of Loss
- ❑ **Lamott, Anne:** Bird by Bird: Some Instructions on Writing and Life*
- ❑ **Lopate, Phillip:** The Art of the Personal Essay: An Anthology from the Classical Era to the Present*
- ❑ **Mann, Jen:** I Just Want to Pee Alone*
- ❑ **Marx, Karl & Frederick Engels:** The Communist Manifesto
- ❑ **Mayle, Peter:** French Lessons: Adventures with Knife, Fork and Corkscrew
- ❑ **McCraw, Thomas K.:** Creating Modern Capitalism: How Entrepreneurs, Companies and Countries Triumphed in Three Industrial Revolutions
- ❑ **Mogel, Wendy:** The Blessing of a Skinned Knee: Using Jewish Teachings to Raise Self-Reliant Children
- ❑ **Monaghan, Annabel:** Does This Volvo Make My Butt Look Big? Thoughts for Moms and Other Tired People*
- ❑ **Murkoff, Heidi:** What to Expect When You're Expecting
- ❑ **Ogilvy, David:** Ogilvy on Advertising
- ❑ **Okun, Stacey:** Town & Country Elegant Weddings

A Companion Reading List to *Bookends* by Zibby Owens

- Owens, Zibby:** *Moms Don't Have Time To: A Quarantine Anthology, Moms Don't Have Time to Have Kids**
- Phelan, Thomas Ph.D.:** *1-2-3 Magic: Gentle 3-Step Child & Toddler Discipline for Calm, Effective, and Happy Parenting*
- Quindlen, Anna:** *Living Out Loud, Nanaville: Adventures in Grandparenting**
- Robbins, Alexandra and Abby Wilner:** *Quarter-Life Crisis: The Unique Challenges of Life in Your Twenties*
- Rodsky, Eve:** *Find Your Unicorn Space: Reclaim Your Creative Life in a Too-Busy World**
- Rubin, Gretchen:** *The Happiness Project: Or, Why I Spent a Year Trying to Sing in the Morning, Clean My Closets, Fight Right, Read Aristotle, and Generally Have More Fun**
- Sacks, Oliver:** *Awakenings*
- Sandberg, Sheryl:** *Lean In: Women, Work, and the Will to Lead*
- Schultz, Howard:** *Pour Your Heart into It: How Starbucks Built a Company One Cup at a Time*
- Schwarzman, Stephen A.:** *What It Takes: Lessons in the Pursuit of Excellence**
- Sedaris, David:** *Me Talk Pretty One Day**
- Smokler, Jill:** *Motherhood Comes Naturally (and Other Vicious Lies)*
- The New York Times:** *Portraits: 9/11/01: The Collected "Portraits of Grief"*
- Underhill, Paco:** *Why We Buy: The Science of Shopping*
- Wilder-Taylor, Stefanie:** *Sippy Cups Are Not for Chardonnay: And Other Things I Had to Learn as a New Mom*
- Yale Daily News Staff:** *The Insider's Guide to the Colleges: 1999*
- Albom, Mitch:** *Finding Chika: A Little Girl, an Earthquake, and the Making of a Family, Tuesdays with Morrie: An Old Man, A Young Man, and Life's Greatest Lesson**
- Armstrong, Heather:** *It Sucked and Then I Cried: How I Had a Baby, a Breakdown and a Much Needed Margarita*
- Biden, Jill:** *Where The Light Enters: Building a Family, Discovering Myself**
- Burton, Susan:** *Empty: A Memoir**
- Cheever, Susan:** *Note Found in a Bottle: My Life as a Drinker*
- Cheney, Terri:** *Modern Madness: An Owner's Manual**
- Clegg, Bill:** *Portrait of an Addict as a Young Man: A Memoir**
- Corrigan, Kelly:** *The Middle Place**
- Crystal, Billy:** *700 Sundays*
- Danler, Stephanie:** *Stray: A Memoir**
- Dederer, Claire:** *Poser: My Life in Twenty-Three Yoga Poses**
- DeGeneres, Ellen:** *Seriously... I'm Kidding*
- Didion, Joan:** *The Year of Magical Thinking*
- Dunham, Lena:** *Not That Kind of Girl**
- Evans, Sara:** *Born to Fly**
- Fey, Tina:** *Bossypants*
- Frey, James:** *My Friend Leonard**
- Gideon, Melanie:** *The Slippery Year**
- Gould, Melissa:** *Widowish: A Memoir**
- Hager, Jenna Bush:** *Everything Beautiful in Its Time: Seasons of Love and Loss**
- Haney, Lynn:** *Christ Evert, the Young Champion*
- Hillenbrand, Laura:** *Seabiscuit: An American Legend*
- Karr, Mary:** *Lit: A Memoir*
- Kaysen, Susanna:** *Girl, Interrupted*
- Keys, Alicia:** *More Myself: A Journey**

BIOGRAPHY/MEMOIR

- Agassi, Andre:** *Open: An Autobiography**

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- King, Stephen:** *On Writing: A Memoir of the Craft*
- Knapp, Caroline:** *Drinking: A Love Story*
- Knight, Phil:** *Shoe Dog: A Memoir by the Creator of Nike*
- Kogan, Deborah Copaken:** *Shutterbabe: Adventures in Love and War**
- Lang, Maya Shanbhag:** *What We Carry: A Memoir**
- Lawrence, Mary Wells:** *A Big Life (in Advertising)*
- Lewis, Michael:** *Liar's Poker*
- Lyons, Dan:** *Disrupted: My Misadventure in the Start-Up Bubble*
- Maslin, Abby:** *Love You Hard: A Memoir of Marriage, Brain Injury, and Reinventing Love**
- McCull, Sarah:** *Joy Enough**
- McCourt, Frank:** *Angela's Ashes*
- McInerney, Nora:** *No Happy Endings**
- Merkin, Daphne:** *This Close to Happy: A Reckoning with Depression**
- Nafisi, Azar:** *Reading Lolita in Tehran: A Memoir in Books*
- Newman, Leigh:** *Still Points North: One Alaskan Childhood, One Grown-Up World, One Long Journey Home**
- Owens, Zibby:** *Bookends: A Memoir of Love, Loss, and Literature**
- Pataki, Allison:** *Beauty in the Broken Places: A Memoir of Love, Faith, and Resilience**
- Patchett, Ann:** *Truth and Beauty: A Friendship**
- Pausch, Randy:** *The Last Lecture*
- Plymale, Stephanie Thornton:** *American Daughter: A Memoir**
- Powell, Julie:** *Julie and Julia: 365 Days, 524 Recipes, 1 Tiny Apartment*
- Rakoff, Joanna:** *My Salinger Year: A Memoir**
- Schwalbe, Will:** *The End of Your Life Book Club**
- Shapiro, Dani:** *Hourglass: Time, Memory, Marriage, Inheritance: A Memoir of Genealogy, Paternity, and Love, Slow Motion: A Memoir of a Life Rescued by Tragedy**
- Shapiro, Susan:** *Five Men Who Broke My Heart, Lighting Up: How I Stopped Smoking, Drinking, and Everything Else I Loved in Life Except Sex**
- Smith, Claire Bidwell:** *The Rules of Inheritance**
- Solomon, Andrew:** *The Noonday Demon: An Atlas of Depression*
- Strayed, Cheryl:** *Wild: From Lost to Found on the Pacific Crest Trail**
- Streeter, Leslie Gray:** *Black Widow: A Sad-Funny Journey Through Grief for People Who Normally Avoid Books with Words Like "Journey" in the Title**
- Turow, Scott:** *One L: The Turbulent True Story of a First Year at Harvard Law School*
- Waldman, Ayelet:** *Bad Mother: A Chronicle of Maternal Crimes, Minor Calamities and Occasional Moments of Grace*
- Walls, Jeanette:** *The Glass Castle*
- Weiss, Piper:** *You All Grow Up and Leave Me: A Memoir of Teenage Obsession**

COOKBOOKS

- Garten, Ina:** *The Barefoot Contessa Cookbook*
- Paltrow, Gwyneth:** *It's All Easy: Delicious Weekday Recipes for the Super-Busy Home Cook*
- Seinfeld, Jessica:** *Deceptively Delicious: Simple Secrets to Get Your Kids Eating Good Food*
- Turshen, Julia:** *Simply Julia: 110 Easy Recipes for Healthy Comfort Food**

Poetry

- Kenney, John:** Love Poems for Married People, Love Poems for People with Children*
- Whitman, Walt:** Leaves of Grass

CHILDREN'S FICTION/YA

- Blume, Judy:** Are You There, God? It's Me, Margaret, Forever
- Carroll, Lewis:** Alice's Adventures in Wonderland
- Daughtry, Mikki and Rachael Lippincott:** All This Time*
- Jacques, Faith:** Tilly's Rescue
- Jeffers, Oliver:** How to Catch a Star*
- Lilly, Evangeline:** The Squickerwonkers*
- Mlynowski, Sarah:** Fairest of All, Whatever After #1, Upside-Down Magic*
- O'Neal, Zibby:** The Language of Goldfish
- Owens, Zibby:** Princess Charming*
- Pascal, Francine:** Sweet Valley Twins: Best Friends
- Portman, Natalie:** Natalie Portman's Fables*
- Townsend, Sue:** The Secret Diary of Adrian Mole, Aged 13 $\frac{3}{4}$
- White, E.B.:** Charlotte's Web
- Willems, Mo:** We Are in a Book! An Elephant and Piggie Book